

**COMMONWEALTH OF VIRGINIA**  
**DEPARTMENT OF HEALTH PROFESSIONS**  
**BOARD OF COUNSELING**

**TITLE OF REGULATIONS: 18 VAC 115-50-10 et seq.**

**REGULATIONS GOVERNING THE PRACTICE OF MARRIAGE  
AND FAMILY THERAPY**

**STATUTORY AUTHORITY: §§ 54.1-2400 and 54.1-3500 et seq. of the  
Code of Virginia**

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**PART I  
GENERAL PROVISIONS**

**18 VAC 115-50-10. Definitions.**

A. The following words and terms when used in this chapter shall have the meaning ascribed to them in § 54.1-3500 of the *Code of Virginia*: (i) “board,” (ii) “marriage and family therapy,” (iii) “marriage and family therapist,” and (iv) “practice of marriage and family therapy.”

B. The following words and terms when used in this chapter shall have the following meanings unless the context clearly indicates otherwise:

“CACREP” means the Council for Accreditation of Counseling and Related Education Programs.

“COAMFTE” means the Commission on Accreditation for Marriage and Family Therapy Education.

“Internship” means a supervised, planned, practical, advanced experience obtained in the clinical setting observing and applying the principles, methods and techniques learned in training or educational settings.

“Regional accrediting agency” means one of the regional accreditation agencies recognized by the United States Secretary of Education as responsible for accrediting senior post-secondary institutions and training programs.

“Residency” means a post-internship, supervised clinical experience registered with the board.

“Resident” means an individual who has submitted a supervisory contract to the board and has received board approval to provide clinical services in marriage and family therapy under supervision.

“Supervision” means an ongoing process performed by a supervisor who monitors the performance of the person supervised and provides regular, documented, face-to-face guidance and instruction with respect to the clinical skills and competencies of the person or persons being supervised.

**18 VAC 115-50-20. Fees.**

A. The board has established fees for the following:

Registration of supervision .....	\$50
Add or change supervisor .....	\$25
Initial licensure by examination: Processing and initial licensure.....	\$140
Initial licensure by endorsement: processing and initial licensure .....	\$140
Annual license renewal.....	\$105
Penalty for late renewal .....	\$35
Reinstatement of a lapsed license .....	\$165
Verification of license to another jurisdiction .....	\$25
Additional or replacement licenses.....	\$5
Additional or replacement wall certificates.....	\$15
Returned check .....	\$25
Reinstatement following revocation or suspension .....	\$500

B. Fees shall be paid to the board or its contractor or both in appropriate amounts as specified in the application instructions. All fees are non-refundable.

C. Examination fees shall be determined and made payable as determined by the board.

**18 VAC 115- 50-25. Sex Offender Treatment Provider Certification.** Anyone licensed by the board as a marriage and family therapist who is seeking certification as a sex offender treatment provider shall obtain certification from the Virginia Board of Psychology and adhere to the Regulations Governing the Certification of Sex Offender Treatment Providers, 18 VAC 125-30-10, et seq.

**PART II  
APPLICATION FOR LICENSURE**

**18 VAC 115-50-30. Application for licensure by examination.**

Every applicant for examination for licensure by the board shall:

1. Meet the education and experience requirements prescribed in 18 VAC 115-50-50, 18 VAC 115-50-55 and 18 VAC 115-50-60.
2. Submit to the board office in one package, the following items, not less than 90 days prior to the date of the examination:
  - a. A completed application;

- b. The application processing and initial licensure fee prescribed in 18 VAC 115-50-20;
- c. Documentation, on the appropriate forms, of the successful completion of the residency requirements of 18 VAC 115-50-60 along with documentation of the supervisor's out-of-state license where applicable;
- d. Official transcript or transcripts in the original sealed envelope with the registrar's signature across the sealed envelope flap submitted from the appropriate institutions of higher education directly to the applicant, verifying satisfactory completion of the education requirements set forth in 18 VAC 115-50-50 and 18 VAC 115-50-55. Previously submitted transcripts for registration of supervision do not have to be resubmitted; and
- e. Verification, on a board-approved form that any out-of-state license, certification or registration is in good standing.

**18 VAC 115-50-40. Application for licensure by endorsement.**

Every applicant for licensure by endorsement shall submit in one package:

1. A completed application;
2. The application processing and initial licensure fee prescribed in 18 VAC 115-50-20; and
3. Documentation of licensure as follows:
  - a. Documentation of a current marriage and family therapy license in good standing obtained by standards substantially equivalent to those outlined in 18 VAC 115-50-50, 18 VAC 115-50-55, 18 VAC 115-50-60 and 18 VAC 115-50-70 as verified by a current official transcript and certified copy of the original application materials; or
  - b. If currently holding an unrestricted license as a professional counselor in Virginia, documentation of successful completion of the requirements set forth in 18 VAC 115-50-50, 18 VAC 115-50-55 and 18 VAC 115-50-60; or

**18 VAC 115-50-50. Degree program requirements.**

A. The applicant shall have completed a graduate degree from a program that prepares individuals to practice marriage and family therapy or a discipline related to the practice of marriage and family therapy as defined in § 54.1-3500 of the Code of Virginia from a college or university which is accredited by a regional accrediting agency and which meets the following criteria:

1. There must be a sequence of academic study with the expressed intent to prepare students to practice marriage and family therapy as documented by the institution;
2. There must be an identifiable marriage and family therapy training faculty and an identifiable body of students who complete that sequence of academic study; and
3. The academic unit must have clear authority and primary responsibility for the core and specialty areas.

B. Programs that are approved by CACREP as programs in marriage and family counseling/therapy or by COAMFTE are recognized as meeting the definition of a graduate degree program that prepares individuals to practice marriage and family therapy or a discipline related to the practice of marriage and family therapy as defined in §54.1-3500 of the Code of Virginia.

**18 VAC 115-50-55. Course work requirements.**

A. The applicant shall have completed 60 semester hours or 90 quarter hours of graduate study in the following core areas with a minimum of six semester hours or nine quarter hours completed in each of core areas identified in subdivisions 1 and 2 of this subsection, and three semester hours or 4.5 quarter hours in each of the core areas identified in subdivisions 3 through 6 of this subsection (suggested courses are listed in parenthesis after each core area):

1. Marriage and family studies (marital and family development; family systems theory);
2. Marriage and family therapy (systemic therapeutic interventions and application of major theoretical approaches);
3. Human development (theories of counseling; psychotherapy techniques with individuals; human growth and life span development; personality theory; psychopathology; human sexuality; multicultural issues);

4. Professional studies (professional identity and function; ethical and legal issues);
5. Research (research methods; quantitative methods; statistics);
6. Assessment and treatment (appraisal, assessment and diagnostic procedures); and
7. Supervised internship of 600 hours to include 240 hours of direct client contact. Three hundred of the internship hours and 120 of the direct client contact hours shall be with couples and families.

B. If the graduate hours in marriage and family therapy were begun prior to January 19, 2000, the board may accept those hours if they meet the requirements which were in effect on July 9, 1997.

**18 VAC 115-50-60. Residency.**

A. Registration.

1. Applicants who render counseling services in a nonexempt setting shall:
  - a. With their supervisor, register their supervisory contract on the appropriate forms for board approval before starting to practice under supervision;
  - b. Have submitted an official transcript documenting a graduate degree as specified in 18 VAC 115-50-50 to include completion of the internship requirement specified in 18 VAC 115-50-55; and
  - c. Pay the registration fee.
2. Applicants in exempt settings may register supervision with the board to assure acceptability at the time of application.

B. Residency requirements.

1. The applicant shall have completed at least two years of supervised post-graduate degree experience, representing no fewer than 4,000 hours of supervised work experience, to include 200 hours of face-to-face supervision with the supervisor in the practice of marriage and family therapy. Residents shall receive a minimum of one hour of face-to-face supervision for every 20 hours of supervised work experience. No more than 100 hours of the supervision may be acquired through group supervision, with the

group consisting of no more than six residents. One hour of group supervision will be deemed equivalent to one hour of face- to- face supervision.

2. Of the 4,000 hours stipulated, at least 2,000 hours must be acquired in direct client contact of which 1,000 hours shall be with couples or families or both.

3. The residency shall consist of practice in the core areas set forth in 18 VAC 115-50-55.

4. The residency shall begin after the completion of a master's degree in marriage and family therapy or a related discipline as set forth in 18 VAC 115-50-50.

5. A graduate-level internship completed in a program that meets the requirements set forth in 18 VAC 115-50-50 may count for no more than 600 of the required 4,000 hours of experience. The internship shall include 20 hours of face-to-face on-site supervision, and 20 hours of face-to-face off-site supervision. Internship hours shall not begin until completion of 30 semester hours toward the graduate degree.

6. In order for a graduate level internship to be counted toward a residency, either the clinical or faculty supervisor shall be licensed as set forth in subsection C of this section.

7. Residents shall not call themselves marriage and family therapists, solicit clients, bill for services rendered or in any way represent themselves as marriage and family therapists. During the residency, they may use their names, the initials of their degree and the title "Resident in Marriage and Family Therapy." Clients shall be informed in writing of the resident's status, along with the name, address and telephone number of the resident's supervisor.

8. Residents shall not engage in practice under supervision in any areas for which they do not have appropriate education.

9. Residents who do not become candidates for licensure after five years of supervised training shall submit an explanation to the board stating reasons the residency should be allowed to continue.

#### C. Supervisory requirements.

1. A person who provides supervision for a resident in marriage and family therapy shall be licensed as a marriage and family therapist, professional counselor, clinical psychologist, clinical social worker or psychiatrist in the jurisdiction where the supervision is being provided. Supervisors shall document two years post-licensure



marriage and family therapy experience.

2. Supervision by an individual whose relationship to the resident is deemed by the board to compromise the objectivity of the supervisor is prohibited.
3. The supervisor shall assume full responsibility for the clinical activities of residents as specified within the supervisory contract, for the duration of the residency.

### PART III EXAMINATION FOR LICENSURE

#### **18 VAC 115-50-70. General examination requirements.**

- A. All applicants for initial licensure shall pass an examination, with a passing score as determined by the board.
- B. The examination shall concentrate on the core areas of marriage and family therapy set forth in subsection A of 18 VAC 115-50-55.
- C. Approved applicants shall sit for the examination within 2 years from the initial notification date of approval. Failure to do so will result in the revocation of approval and obligate the applicant to file a new application for examination.
- D. Applicants who fail the examination twice in succession shall document completion of 45 clock hours of additional education or training acceptable to the board addressing the areas of deficiency as reported in the examination results prior to obtaining board approval for reexamination.

#### **18 VAC 115-50-80. (Repealed.)**

**PART IV  
RENEWAL AND REINSTATEMENT OF LICENSE**

**18 VAC 115-50-90. Annual renewal of license.**

- A. All licensees shall renew licenses on or before June 30 of each year.
- B. All licensees who intend to continue to practice shall on or before the expiration date of the license submit to the board:
  - 1. A license renewal application supplied by the board; and
  - 2. The renewal fee prescribed in 18 VAC 115-50-20.
- C. Failure to receive a renewal notice from the board shall not relieve the license holder from the renewal requirement.
- D. Licensees shall provide the board with official documentation of a legal name change and written notification of address changes within 90 days of such change.

**18 VAC 115-50-100. Late renewal, reinstatement.**

- A. An individual whose license has expired may renew it within one year after its expiration date by paying the penalty fee prescribed in 18 VAC 115-50-20 as well as the license fee prescribed for the period the license was not renewed.
- B. An individual seeking reinstatement of a license one year or more after its expiration date must apply for reinstatement, pay the reinstatement fee and submit evidence regarding the continued ability to perform the functions within the scope of practice of the license.

**PART V  
STANDARDS OF PRACTICE**

**18 VAC 115-50-110. Standards of Practice.**

- A. The protection of the public's health, safety and welfare and the best interest of the public shall be the primary guide in determining the appropriate professional conduct of all marriage and family therapists licensed by the board.

B. Persons licensed as marriage and family therapists shall:

1. Represent accurately their competence, education, training, experience and credentials, and practice only within the competency areas for which they are qualified by training or experience;
2. Be able to justify all services rendered to clients as necessary for diagnostic or therapeutic purposes and make appropriate referrals when it becomes clear that the client is not benefiting from the relationship;
3. Not abandon or neglect clients in treatment without making reasonable arrangements for the continuation of such treatment;
4. When aware that the client is in a professional relationship with another mental health professional, in order to avoid confusion and conflict for the client, request a written release from the client to inform the other professional of the coexistent clinical relationship;
5. Disclose to clients all experimental methods of treatment, inform client of the risks and benefits of any such treatment, and ensure that the welfare of the client is not compromised in any experiment or research;
6. Neither accept nor give commissions, rebates or other forms of remuneration for referral of clients for professional services;
7. Inform clients of the fees and billing arrangements, goals, techniques, procedures, limitations, potential risks and benefits of services to be performed;
8. Inform clients of the limits of confidentiality at the onset of the therapeutic relationship;
9. Not solicit clients, advertise or represent services to the public in a manner that is false, misleading, deceptive or fraudulent;
10. (i) Maintain client records securely, and inform all employees of the confidentiality requirements; (ii) disclose client records to others only with expressed written consent or as mandated by law; and (iii) Ensure client confidentiality in the usage of client records and clinical materials by obtaining informed consent from clients before (a) videotaping, (b) audio recording, (c) permitting third party observation, or (d) using client records and clinical materials in teaching, writing, or public presentations. Client records shall be kept for a minimum of five years from the

date of termination of the clinical relationship;

11. Avoid dual relationships with clients, former clients, residents, and supervisors and supervisees that could compromise the well being or increase the risk of exploitation of clients or residents, or impair the resident's or supervisor's objectivity and professional judgment. This includes, but is not limited to, such activities as providing therapy to close friends, former sexual partners, employees or relatives, and engaging in business relationships with clients. Engaging in sexual intimacies with clients, former clients or current residents is strictly prohibited; and
12. Report to the board known or suspected violations of the laws and regulations governing the practices of mental health professionals.

## PART VI DISCIPLINARY ACTION

### 18 VAC 115-50-120. Disciplinary Action.

- A. In accordance with §54.1-2400 of the *Code of Virginia*, the board may, after a hearing, revoke, suspend or decline to issue or renew a license or impose a fine in accordance with the following:
  1. Conviction of a felony or of a misdemeanor involving moral turpitude;
  2. Procurement of a license, certificate or registration by fraud or misrepresentation;
  3. Conducting one's practice in such a manner as to make it a danger to the health and welfare of one's clients or the general public;
  4. Practicing marriage and family therapy without reasonable skill and safety to clients by virtue of physical or emotional illness, abusive use of alcohol, drugs, narcotics, chemicals or any other hazardous substance or material;
  5. Providing or offering services outside the demonstrable areas of competency; or
  6. Violating or abetting another person in the violation of any provision of any statute applicable to the practice of marriage and family therapy, or any part or portion of this chapter.

**18 VAC 115-50-130. Reinstatement following disciplinary action.**

- A. Any person whose license has been revoked, suspended or denied renewal by the board under the provisions of 18 VAC 115-20-140 may, two years subsequent to such board action, submit a new application for reinstatement of licensure.
- B. The board in its discretion may, after a hearing, grant the reinstatement sought in subsection A of this section.
- C. The applicant for such reinstatement, if approved, shall be licensed upon payment of the appropriate fee applicable at the time of reinstatement.