# We help those who help others.

**Healthcare professionals may suffer from a substance use disorder or mental health or physical condition that may be impairing. In fact, it is estimated that 10 to 15 percent of healthcare professionals will misuse drugs or alcohol at some point during their careers.**[1]

The Virginia Health Practitioners' Monitoring Program (HPMP) is here to help. We refer healthcare practitioners for appropriate treatment and continuously monitor treatment progress with the goals of restoring the practitioner to good health and assisting them with return to safe and productive clinical practice.

HPMP services are available to anyone who is licensed, certified or registered by one of the health regulatory boards of the Virginia Department of Health Professions, including:

Audiology & Speech-Language Pathology | Counseling | Dentistry | Funeral Directors/Embalmers
Long-term Care Administrators | Medicine | Nursing | Optometry | Pharmacy | Physical Therapy
Psychology | Social Work | Veterinary Medicine

**Are you interested in learning more? Our experienced team is available to confidentially answer your questions and receive referrals, including self-referrals. Visit us on the web at www.dhp.virginia.gov/hpmp or call us at 1-866-206-4747.**

Virginia Department of
Health Professions
Health Practitioners' Monitoring Program

VCU Health™

[1] *Baldisseri, M.R. (2007). Impaired healthcare professional. Critical Care Medicine, 35 (2), Suppl, S106-S116.*