

Education Workgroup APPROVED Minutes

March 19, 2015; 10:00 am - 12:00 pm

Conference Room 3, PHB

Purpose

To prepare for an upcoming meeting of the Task Force by reviewing current recommendations and a draft report as well as to discuss a work plan for future recommendations.

Attendees

David Brown, DC

Don Flattery

Juan Santacoloma

Gail Taylor, M.Ed

James Ray, PharmD

Maria Jankowski

Danny Saggese

Lisa Wooten, BSN, RN

Carolyn Weems

John Welch

Sarah Melton, PharmD, co-Chair

Jodi Manz, staff

Matt Mansell, non-member (MSV)

Chelyen Davis, non-member (OSHHR)

Meeting Notes/ Topics

1. Welcome/Housekeeping

Members approved previous meeting's minutes. Upcoming meetings were reviewed, and dates are April 14, May 12, and June 9. The April 14 meeting will primarily focus on public education and awareness. The May 12 meeting will include a Provider Education

Advisory group made up of educational leaders who have agreed to counsel the group on provider education in Virginia. The June 9 meeting will be a wrap up and include any charge items not yet addressed. Staff shared the most recent REVIVE newsletter.

2. Review and Edit of Task Force presentation. The group reviewed and edited slides that will be shared by Sarah Melton.
 - a. Develop a state website as an informational hub on prescription drug and heroin abuse.
 - i. David Brown shared that the Board of Medicine may have funding and has run some initial estimates of cost. This site will need agency subject matter expert leaders, as well as a central leader, either within a Secretary's office, which would require leadership being handed off after the current Administration leaves, or within an agency to be determined.
 - b. Create and send "Dear Colleague" letters and stock Op-Ed & Send a letter to all prescribers and dispensers about the PMP, focusing on the urgency of the overdose epidemic
 - i. The letter helped to continue an increase in PMP usage, in fact, as of the morning of 1/30, 30 pending registrations were in the queue, and there were 80 by early afternoon.
 - ii. Similarly, the PMP has seen over 50,000 in the span of a week, which breaks a record for usage.
 - iii. Letter to pharmacists pending.
 - iv. Letter from SOE may become a presence of a workgroup leader at the Superintendents Conference. Letter itself has been drafted yet not edited between HHR and Education.
 - c. Send a letter to healthcare school leaders regarding development of pain management and addiction training curricula
 - i. A letter may ultimately be the second step. Staff is creating a provider advisory group to come to the 5/12 meeting and talk with our group about provider education, both GME and CME.
 - d. Develop minimum 4-hour opioid educational curriculum for law enforcement, corrections, probation and parole, EMTs, CIT officers, and school resource officers
 - e. Develop law enforcement training program regarding naloxone administration if pilot is expanded to include law enforcement.

- i. Working with DBHDS and DCJS to adapt existing REVIVE training to law enforcement
3. Review and Edit of Interim Report
 - a. Edits were made to the report, specifically:
 - i. P.3 – “Though prescription painkillers are *considered* safe when used as prescribed, the *misuse, overuse, and abuse* of these drugs is dangerous, leading to addiction, overdose, and sometimes death.”
 - ii. P.8 – “From grandparents to athletic coaches, all Virginians should know what opioids are; *the danger presented by abuse, misuse, and overuse*; and what to do to prevent, identify, and treat abuse.”
4. Upcoming issues and potential recommendations
 - a. Legislative education and outreach. While all are happy that four legislative initiatives of the TF passed the 2015 General Assembly, the group is in agreement that stigma and lack of awareness continue to pose a barrier to more extensive legislative options to address the opioid overdose epidemic. Maria Jankowski, who works on legislative issues in her professional role, agreed to help serve as a leader in the group on legislative education. Staff will work with the group to develop a work plan.
 - b. DBHDS activities around awareness (grant, collaboration with VCU’s Center for School- Community Collaboration)
 - c. Education for providers on proper prescribing
 - i. David Brown shared data showing that overdose deaths occur most frequently in the 45-54 age range, though non medical usage is most common in the age range of 15-24. This indicated to the group that education must be focused not just on youth but on Virginians who have been prescribed opioids legitimately, and certainly on the prescribers of those opioids.
 - ii. James Ray added that often these deaths are the result of combinations of drugs, particularly benzodiazepines. Proper prescribing education must include this kind of data-driven education.
 - d. Cultural competence in public awareness. Lisa Wooten pointed out that any public outreach campaign must have an element of cultural competence, as this problem may need to be spoke of differently with different populations. Juan

Santacoloma agreed. The two will work together to bring back some information about culturally competent opioid education to the next work group meeting.

5. Staff will complete changes to both presentation and report immediately following the meeting. Further, staff will develop a work plan for these initiatives and continue to work toward implementation of initial recommendations.
6. Meeting adjourned 12:00 pm. Next meeting is scheduled for April 14, 2015, in Conference Room 3 of the Patrick Henry Building, most likely from 9:30-11:30 am. Time to be confirmed.