

## **Opioid Pain Prescribing Regulations**

- Boards of Medicine & Dentistry regs adopted
- Consider non-pharmacologic and non-opioid tx
- Acute pain: 7 day supply or less
- Surgical pain: 14 day supply or less
- Chronic Pain: MME limits; naloxone co-prescribing; PMP every 3 months
- Limit co-prescribing of benzodiazepines, etc
- Veterinary Medicine Regulations in review

## **Buprenorphine Prescribing Regulations**

- Buprenorphine – Medication Assisted Treatment (MAT) of Addiction
- Abuse of monoproduct (Subutex)
- Use of monoproduct limited to:
  - Pregnancy
  - Converting from methadone
  - Non-tablet form
  - BOM considering small % allowance for intolerance

## Decreasing the Pipeline of Addiction

- Opioid crisis directly related to prescribing
  - 80% heroin addicts began with prescription opioids
  - Pain regulations decrease amount prescribed (7 days acute pain)
- July 1 PMP check 7 day prescription (was 14)
  - SB 1232 (Dunnavant) HB 1885 (Hugo)
  - Avoid PMP hassle with shorter prescription
- *Fewer patients become dependent or addicted*
- *Fewer pills in medicine cabinets = less diversion*
- ***Fewer Virginians enter the Pipeline of Addiction***

## Other Initiatives

- Opioid Curriculum Workgroup (Secretary Hazel)
  - Schools of Medicine, Osteopathy, Pharmacy, Dentistry, Physician Assistants and Nursing
- e-Prescribing Workgroup (Secretary Hazel)
- Integration of the PMP into EMRs
  - \$3M Purdue Pharma Grant
  - \$250K Budget Amendment (pending CMS match)