



# Virginia Department of Health Professions

[Board of Pharmacy](#)

## Virginia Board of Pharmacy

A Message from the Virginia Department of Health Tobacco Control Program regarding OTC Nicotine Replacement Therapy:

In Virginia, the minimum age to purchase tobacco and nicotine products was raised from 18 to 21 years old on July 1, 2019. The law does exclude FDA regulated cessation products under Chapter V (21 U.S.C. § 351 et seq) of the Federal Food, Drug, and Cosmetic Act. Stores and pharmacies may continue to sell OTC Nicotine Replacement Therapy (NRT) to people ages of 18-20. If NRT is sold outside of the pharmacy, please advise the store managers of this exemption. For more information, the law can be found at <https://lis.virginia.gov/cgi-bin/legp604.exe?191+ful+HB2748> - the exemption for FDA regulated NRT is in Section H.