

Collaborative Assessment and Management of Suicidality (CAMS)

A Free and Innovative Training Opportunity
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Training Overview

TRAINING NAME	Collaborative Assessment and Management of Suicidality (CAMS)
DATE/TIME	Online/Self-paced with 60 days to complete the foundational video portion of this training after initial registration.
WHAT IS IT	CAMS is an evidence-based, suicide-focused treatment framework backed by 30 years of clinical research and 6 published randomized controlled trials.
WHO IS THIS FOR	Mental health providers who provide individual therapy including telehealth; mental health providers in emergency departments, inpatient and intensive outpatient programs including telehealth; case managers and social workers; school counselors; emergency or crisis responders who make risk determinations and do safety planning. CAMS training is also appropriate for students practicing under supervision in each of the above areas.
TIME COMMITMENT	14 Hours Total - Asynchronous online foundational videos, online role-play training, and 4 consultation calls. (Includes the book, <i>Managing Suicidal Risk, a Collaborative Approach</i>).
EVIDENCE	To learn more about CAMS and research supporting this training, please visit, https://cams-care.com/about-cams/the-evidence-base-for-cams/

Training Package Description

Brief Description

This training opportunity is free and includes all elements needed to become **CAMS Trained** with ongoing support from the creators of CAMS to assist in navigating complex scenarios when applying the CAMS framework. *Optional CEs are available at no cost to the trainee.*

Objectives

The Virginia Department of Health (VDH) Injury and Violence Prevention Program (IVPP) supports a comprehensive suicide prevention continuum of care which includes delivering

best practice evidence-based training to clinicians at no cost to them. IVPP strives to reduce suicide throughout Virginia by equipping clinicians with the skills and supports to navigate suicidal clients. *Funding is limited so please inquire asap.*

Benefits of CAMS

- It's easy to learn and quick to implement
- Treats the largest population of suicidal *ideators*
- Cost-effective in a system of care
- Enhanced clinical documentation that reduces the risk of malpractice
- Clinicians and patients like CAMS
- Builds Clinician confidence when treating suicidal patients

Proposed Training Approach

CAMS Trained Elements	Overview
Managing Suicide Risk (Book)	Book includes all needed reproducible tools for implementing CAMS, including the Suicide Status Form-4. Purchasers also get access to a Web page where they can download and print the reproducible materials. Digital and physical copies available.
Foundational Video Course (3 hours)	Three-hour video overview of the CAMS model presented by the creator of CAMS, David A. Jobes, Ph.D.
Online Role-Play Training (7 hours)	Online Immersive experience in the use of CAMS (can be individual or group)
CAMS Consultation Call x4 (1 hour each)	Hour-long phone meetings for clinicians after completing the CAMS book, online video course and/or CAMS Practical Role-Play Training

Clinicians Working with Adolescents

After completing the CAMS Trained elements, CAMS-4Teens is available for clinician's who primarily focus on this population and would like additional training.

To learn more about availability, coordinate organizational participation, or if you have questions, please contact Justin Wallace, Suicide Prevention Coordinator, at justin.wallace@vdh.virginia.gov