



## Board President's Message

I am honored and excited about this opportunity to serve as President of the Virginia Board of Physical Therapy for 2018-2019. I have been fortunate as a member and past Vice President to work alongside amazing staff members who are just as committed to making this Board excel.



*Arkena L. Dailey, PT, DPT*

I am indebted to Allen R. Jones, PT, DPT, our outgoing President, who has fearlessly and selflessly led our Board these past two years. I take this opportunity to also thank our current Board members Elizabeth Locke, PT, PhD, Vice President, Tracy Adler, PT, DPT, Mira Mariano, PT, PhD, Rebecca Duff, PTA, MS, and Susan Szasz Palmer, Citizen member for their continued service to the Board and the public.

We have many great reasons to feel optimistic about the future of our profession and the role of the Board. We look forward to our continued partnerships with Virginia Physical Therapy Association, American Physical Therapy Association, The Federation of State Boards of Physical Therapy, and our more than 12,000 licensed clinicians.

I encourage each person reading this newsletter to continue to grow professionally and be committed to service by being professional mentors and clinical instructors. Confucius wrote, "The will to win, the desire to succeed, the urge to reach your full potential...these are the keys that will unlock the door to personal excellence."

The month of December is full of holiday activities with family, friends, and co-workers, so be safe and enjoy the season. Please do not let this month slip by without remembering to renew your license. Feel free to contact the Board with any questions or concerns.

Respectfully,  
Arkena L. Dailey, PT, DPT

## In This Issue

- Board President's Message
- Renewal and Holiday Hours
- Updates from the Board
- Board Receives Excellence in Regulation Award from FSBPT
- Pending Regulatory Actions
- How do I find recent case decisions?
- Renewal Survey – Why am I asked to provide survey information?
- Upcoming Board Meetings

## Contact the Board

### Virginia Board of Physical Therapy

9960 Mayland Drive, Suite 300

Henrico, VA 23233

804-367-4674 – Office

804-527-4413 – Fax

[ptboard@dhp.virginia.gov](mailto:ptboard@dhp.virginia.gov)

### Website:

<http://www.dhp.virginia.gov/PhysicalTherapy/>

### Hours of Operation:

8:15 a.m. - 5:00 p.m., Monday-Friday



## Renewal and Holiday Hours

PT and PTA licenses must be renewed **no later than December 31, 2018**. Renewing early will help ensure that you receive your renewed license by the end of the year.

To renew your license online and pay with a Visa, MasterCard or Discover card, go to [www.license.dhp.virginia.gov](http://www.license.dhp.virginia.gov). If you have not previously established a User ID and Password, or need to re-create them, please select [New User](#) and enter your 10 digit license number and your PIN provided.

For further renewal information, [click here](#). If you experience technical difficulty renewing your license, please contact us by telephone at (804) 367-4444 or by email at [CallCenter@dhp.virginia.gov](mailto:CallCenter@dhp.virginia.gov).

**Please Note:** The Department of Health Professions, Board of Physical Therapy, will be closed on December 24-25, and December 31, 2018 and January 1, 2019. Please ensure that you contact the Board during normal hours of operation if you have any inquiries or any issues with the renewal process.

To ensure that you receive your renewal notices electronically in the future, please [Update Your Information](#) on the DHP website and add the Board's email address ([ptboard@dhp.virginia.gov](mailto:ptboard@dhp.virginia.gov)) to your safe recipient list to ensure that you receive all email communications.

## Updates from the Board

### Board Receives Excellence in Regulation Award from FSBPT

The Board was chosen as one of two boards across the country to receive the 2018 Excellence in Regulation Award from the Federation of State Boards of Physical Therapy (FSBPT). In October 2018, Board members and staff attended the FSBPT 2018 Annual Meeting to receive the award.



Board members and staff from left to right: Lynne Helmick, Laura Mueller, Arkena Dailey, PT, DPT, Rebecca Duff, PTA, MEd, Corie Tillman Wolf, Mira Mariano, PT, PhD, Elizabeth Locke, PT, PhD, Susan Szasz Palmer, MLS, Tracey Adler, PT, DPT, and Allen Jones, PT, DPT. (Not pictured: Sarah Georgen, Heather Wright, Angela Pearson)



## Pending Regulatory Actions

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### Practice of Dry Needling

**Stage:** Revised Proposed

**Summary:** The proposed regulatory action will replace a former Guidance Document, 112-9, on dry needling. It includes reference to the statutory requirement for referral and direction from a medical practitioner, requirements for additional post-graduate training and the content of such training, and a requirement for informed consent.

**Status:** Governor's Office review in progress.

### Type 2 CE Credit for Attendance of Board Meetings and Formal Hearings

**Stage:** Fast-Track

**Summary:** The Board has proposed this regulatory action to allow physical therapists and physical therapist assistants to count up to two hours of the Type 2 continuing education hours required for renewal of licensure to be satisfied by attending a Board meeting, an informal conference, or a formal hearing.

**Status:** The regulation will be published in the Virginia Register of Regulations on December 24, 2018. A public comment forum will be open from December 24, 2018 until January 23, 2019. The regulation will become effective February 10, 2019.

### Periodic Review of the Board's Regulations

**Stage:** Periodic Review Announcement

**Summary:** Pursuant to Executive Order 14 (as amended July 16, 2018) and §§ 2.2-4007.1 and 2.2-4017 of the Code of Virginia, the Board of Physical Therapy is conducting a periodic review and small business impact review of 18VAC112-20, Regulations Governing the Practice of Physical Therapy. The purpose of this review is to determine whether this regulation should be repealed, amended, or retained in its current form. Public comment is sought on the review of any issue relating to this regulation, including whether the regulation (i) is necessary for the protection of public health, safety, and welfare or for the economical performance of important governmental functions; (ii) minimizes the economic impact on small businesses in a manner consistent with the stated objectives of applicable law; and (iii) is clearly written and easily understandable.

**Status:** The comment period begins January 7, 2019, and ends on February 6, 2019.

For more information or updates on these pending regulatory actions, please visit The Virginia Regulatory Townhall Website at <http://www.townhall.virginia.gov/index.cfm>.



## Guidance Document Updates

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*Have a question about how the Board interprets a regulation or statute?* Guidance Documents are documents developed by state agencies, including the Board of Physical Therapy, to provide general information to agency staff or to the public on how to implement or interpret state law or agency regulations.

In 2018, the Board completed a review and update of its Guidance Documents. This update process resulted in revisions to, readoption of, and/or repeal of a total of 17 Guidance Documents. Click [here](#) to review the current Guidance Documents of the Board.

## How do I find recent case decisions?

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Did you know that you can access information related to disciplinary cases considered by the Board? The Board's recent case decisions and the public orders can be found on the Board's website by clicking [here](#).



For more information about the disciplinary process, please visit our website to learn more about the [Enforcement process](#) or [Administrative Proceedings Division](#).

## Renewal Survey - Why am I asked to provide survey information?

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When you renew your license, you are asked to participate in a survey from the Healthcare Workforce Data Center (HWDC). The information that you provide is crucial to provide data on trends in the practice of physical therapy and to provide a statewide look at the healthcare workforce.

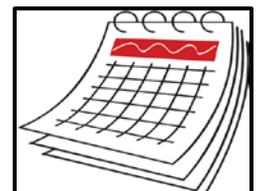
We encourage you to review the Physical Therapy workforce survey results from the last renewal period by clicking [here](#). Results for the 2018 renewal period will be available in 2019.

## Upcoming Board Meetings

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The Board of Physical Therapy will hold quarterly Board meetings at the Department of Health Professions, 9960 Mayland Drive, Suite 200, Richmond, VA 23233 on the following dates in 2019:

- February 19, 2019
- May 16, 2019
- August 13, 2019
- November 12, 2019



You can stay up-to-date by reviewing the Board's meeting minutes by clicking [here](#).